

Neometaphysical Education

A Paper on Energy and Consciousness

By

Alan Mayne

And John J Williamson

For the

The Society of Metaphysicians

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Energy and Consciousness

In the neometaphysical and mystical views of the universe, both 'higher energy' and consciousness play a fundamental part. Scientists and healers, who are exploring new approaches to 'energy medicine', are finding evidence of energy manifestations beyond what is today viewed as 'physical', but face the fundamental question of how to bridge the apparent gap between the energy of the physicists and the 'higher energy' that many people experience.

In Chapters 5 and 6 of his recent book *"Paradigm Wars"*, the American philosopher Mark Woodhouse (1996) presents a new philosophical approach that he calls 'energy monism', where the basic 'substance' of the universe is not energy alone or consciousness alone, but energy/consciousness, neither aspect of which is reducible to the other.

In this article, we attempt to explain how these different strands of thinking can be brought together and indeed begin to bridge the 'energy gap'.

The Neometaphysical Approach

According to neometaphysics: "The high-level (higher-dimensional) mode of energy is the root source of all other forms, including - of course, the physically manifesting modes of energy. ... consciousness uses infinitely dimensioned energy at many levels and in many possible ways. ... Therefore, the energy complex, which is our psyche, accesses, uses, and consists of a form of energy which has no limitations in space or time." (*Williamson, 1998b*)

It should be obvious that our awareness and minds are not solely our own. In fact, any impression on us is shared with others. The Infinitely Dimensioned Matrix (IDM) gives an infinitely dimensioned state, and consciousness has that - we can find no limit to our potential. Therefore, our mental energies can contact and be contacted by any other mind, simply because, in an infinitely dimensioned state, there is no separation, no distance, no isolation in time. This means that our limited, or individual, consciousness's, are actually part of a greater consciousness, and indeed a part of any other mind.

The consciousness of a mind cannot be defined without reference to its environment; it needs something there to be conscious of. The mind transmits energy and information into its environment, some of which is reflected back, with different information, to create the mind's consciousness of the environment. It is the resulting difference of state in the psyche, before and after this circulation of information, which makes this consciousness possible.

"Using neometaphysics and translating mental processes into terms of energy - its amount, direction, flow and patterning - it is possible to gain a technically direct view of those factors which control **levels of consciousness** in both the individual and the group." (*Williamson,*

1998a) Therefore, every person has unlimited potentiality, but the level of evolution of each person also limits the **free mental energy** that he or she possesses; this energy is essential for consciousness at a level above that of everyday life. Mental energy **feels** real to conscious humans. With sufficient mental energy, there is also the possibility of **sharing** of consciousness by **groups minds**.

Charles Lieder's Intuitions

As a member of our Society with mystical experience who is **not** a scientist, Charles Lieder (1998) **feels** that Universal Energy is the base of everything in the universe. Speaking from a spiritual viewpoint, he recognises that

“what we may call spirit is impressions exuded from the Basic Universal Energy. ... The Basic Energy has only one characteristic or emotion and that is a feeling of great Love.”

The Basic Energy created the Universe and still fuels its actions.

“The Energy conceived an Intelligence to direct and control its activities.”

“Eternity is composed of ... Energy to act from and a progressions of those actions ... a great carousel that slowly goes round and round.”

Some actions leave it, some enter it, and some are continually leaving and entering it. In applying these concepts to the transmission of impressions from one being to another, Charles Lieder derives his explanation of ESP.

“... several factors are involved. Sensitivity is the most important. An impression must be strong enough to be recognized by the sensitivity of the Basic Energy. Then this impression could be broadcast to anything which might be able to receive it. Thus anyone who could do that would get whatever message the impression might carry.”

To appreciate this process, we must understand ‘Affinity’, a condition that include the **feeling** called ‘Love’, which is the feeling given by the Basic Energy. If this Love is present, “a strong impression made by one individual can be carried through to other individuals by the sensitivity of the Basic Energy. If the Affinity or Spiritual Sensitivity is great enough, the receptor can often correctly interpret the impression.” Nevertheless, “individuals so gifted should consider their feelings very carefully”, because of the danger that they sometimes misinterpret the impressions that they receive.

This concept of ‘Affinity’ can be viewed as a generalised form of ‘resonance’ involving patterns; I have always believed that ESP operates by means of such a process. One of the best known examples of resonance in everyday life, at the physical level, is the tuning of a radio or

television set to receive a broadcast from a selected channel. (vid. degree coincidence and bandwidth).

Energy, Consciousness, and the Deeper Meaning of Numbers

Another member of our Society, *Michael Joyce* (1998) analyses some of

“the knowledge which our Creator has left for us in the objects of Creation, when the entities are considered as Divine numbers”.

He deduces that “the **trinity** equates to the **spirit**, and would constitute a **consciousness** or “energy” in both fields of existence.

The fields to which he refers are the spiritual and the material. This concept seems to be closely related to Mark Woodhouse’s concept of ‘energy/ consciousness’, which is discussed in more detail below .

Energy and Consciousness

Woodhouse (1996, pages 174-178) moves towards this concept, by discussing the transition from today’s ‘mechanistic science’, which is behind the widespread materialist worldview, to ‘vibratory science’, which is being brought about by the influence of contemporary quantum physics. Vibratory science would be guided by an emerging ‘vibratory paradigm’, whose technical vocabulary, including the term ‘resonance’, has been present in physics for some time. Vibratory energy does not account for our world by itself. It is its harmonious interactions, resonances, and complex interference patterns “which give rise to different levels of reality and to experiences within those levels.” (page 179) This, together with many ‘*New Paradigm*’ discussions of ‘energy’ and ‘consciousness’, leads him to define ‘consciousness’ as “the seat of meaningful or intelligent patterns of information which are expressed energetically over space and time”. (p. 183) Energy and consciousness are seen to be “interconnected aspects of a Great Chain of Being”. (p. 183)

Relevant Aspects of Contemporary Science

Many if not most scientists still do not think that concepts of physical energy can be generalised, in this way, into a broader concept of energy/consciousness. I would point out to

them that the concept of 'physical energy' has itself been transformed several times during the history of physics. In its advance during recent centuries, physics has gradually brought together concepts of 'kinetic energy', 'potential energy', 'heat energy', 'electrical energy', and 'magnetic energy'. With relativity theory, it integrated the concepts of 'mass and 'energy' into the single concept of 'mass-energy'. Both relativity theory and quantum theory introduced 'observer' concepts into physics, thus indicating the possibility of relationships and even interactions between consciousness and physical events. Quantum theory provides more scope than any other part of contemporary physics for integrating the concepts of mind and consciousness with those of matter and energy. However, scientists are not yet agreed on which of its many interpretations to adopt. At one end of the range, quantum theory is used **only** as a mathematical tool for providing amazingly accurate predictions of the results of a wide variety of physical experiments; scientists who take this view see **no** need for an interpretation. The most widely held view is the 'Copenhagen interpretation', originally formulated by Niels Bohr, one of the founders of quantum theory; it does not go very much farther towards providing a picture of what actually happens. The American physicist *Fred Alan Wolf* (1985) provides one of the most radical interpretations in his very interesting book *Mind and the New Physics*.

This particular interpretation is remarkable for how closely and intimately it interweaves the worlds of matter and mind. It develops a quantum psychodynamics parallel to quantum theory, and using the **same** mathematical formulation. Energy, feelings, momentum and intuition, space and sensation, time and thought are here viewed as equivalent pairs of physical and psychic variables (pages vii and 272). Exactly the same equations can be used to define relationships between physical variables and matching relationships between the corresponding psychic variables (page 306).

The correspondence between energy and feeling is closely allied to the correspondence between energy and consciousness later proposed by Mark Woodhouse.

Fred Wolf hopes that his book will bring about a revolution of human thought, and provide the basis for the formation of a truly humanistic new psychology. He also claims that it demonstrates various radical propositions (pages vii-viii) including the following. The future is more important than the past in deciding the present; it already exists, whereas the past is continually being recreated. Thus evolution is a result of the future, not of the past. Quantum physics provides a basis for a new religion and an understanding of the human spirit. It can explain why disagreements between people and nations occur and how they can be resolved. The book uses a variant of the 'parallel universes interpretation', originally proposed by Hugh Everett III, in which the universe continually branches into 'parallel worlds', some of which appear to us as thoughts and psychic experiences.

Here, it seems preferable to view the 'parallel worlds' as 'possibilities', only some of which are actually realised. During recent years, Russian scientists have made considerable progress towards integrating the concepts of energy, information, and consciousness. Some good

examples of this work are outlined in the publication *Consciousness and Physical Reality*, edited by Professor Olga Burmistrova (1997).

The new science of 'bioenergoinformatics' is now being used to integrate theoretical physics, thermodynamics, information theory, and psychology (page 44). Physicists have hitherto explained interactions between matter and energy by four fundamental interactions: gravitation, electromagnetism, weak nuclear force, and strong nuclear force. They have recently begun to discuss a possible fifth interaction, the spin-torsion interaction, between information and energy, which can transmit information at a velocity much greater than that of light, but almost without consuming energy.

This supports the possibility of a 'spiritual' or 'subtle' world, and the idea that the Universe is a giant computer with infinite memory. There are information fields at various levels of the Universe, and information links between all organisms and their environment (page 52). The information field at the highest level is one of the organising principles of the Universe, and exists in all parts of the Universe. It contains information about its plan of existence at all levels.

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